## **TRACKING**

I followed a coyote in heavy snow through pinewoods, sniffing around rodent holes, crossing the soft bowls of deer beds

until I reached a spot of blood, a bone freshly torn. A doe lay on its side, fur stripped from a shipwreck of ribs.

Her perfect ear pricked the air and one leg bent as if to leap over coyotes striking from all sides.

I picture coyotes dismantling the hide, carrying off legs; the tracks reach in and radiate out from the red center

like spokes— coyote, fox, crow, my own dark steps. Wind shears the cleft hoof I take in my hand the way you hold

the broken pieces of a cup. I fix on the delicate flare of her black nostrils to keep from staring

at the entrails, her eye socket dusted with snow. What might I become if I look long into this dark cup?

Sophie Wadsworth 2002

## HIDDEN MEADOW

Twilight sifts into the grass. Breath the only agitation in the stillness, as before a storm. Not one animal lurks the field edge.

In the hour between the visible and the nocturnal the mute birch bows around possibility.

Any sign will do: a blue chip of eggshell might suddenly blaze with the day's accumulated light,

or a buck leap through a gap in the underbrush. One could be drawn in by a breath soft as an old leaf.

Eyes open or closed, no matter. A pelt of darkness bristles in the pines. Wings madly gesturing, hurtling through the air.

Sophie Wadsworth 2003

## **LOST**

If you've taken stock—food, knife, matches, fuel— if you've backtracked and map checked and every tree looks alike, the mind may start its manic talk of broken ankles and electrical storms.

Try to still that voice. Listen for the ripple of birdsong, synchronizing your breath with the canopy's rise and fall.

Make your way deeper in; let the compass swing with abandon from your pack. Refuse the desire for a houselight or the drone of a search plane until you've walked too far to double back.

When being lost grows familiar you'll see the fallen pine not as a sign that you're going in circles, but simply as itself—with its deeply fissured bark and stubborn knots of sap.

At dusk you can gather the wrecked limbs into a hut, using your map to light a fire. Sit then, sharpening the story of how you came to this clearing you weren't seeking, and settled in.

Sophie Wadsworth 2003